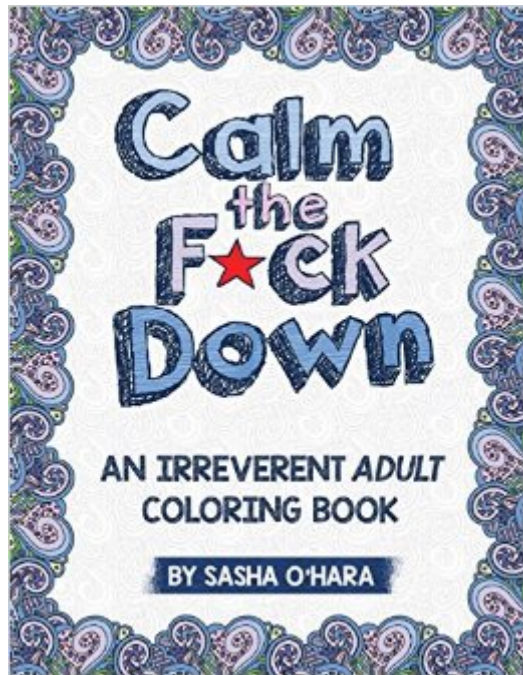


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# Calm The F\*ck Down: An Irreverent Adult Coloring Book (Irreverent Book Series) (Volume 1)



## Synopsis

Sasha's 2nd book, *Chill the F\*ck Out* is also available now! This best selling adult coloring book is the perfect way to unwind and relax for those with a subversive and irreverent sense of humor. Color the things you can't say. 21 single sided adult coloring pages and 2 color test pages. Moderate to complex in detail. Images include: Beautiful abstract doodles, animals, people and fairies. Each has its own sassy quip like "Home is where the vodka is", "Suck it up buttercup" and "Dance like no one attractive is watching", and other humorous and subversive sayings. CONTAINS ADULT LANGUAGE. NOT INTENDED FOR CHILDREN.

## Book Information

Paperback: 50 pages

Publisher: CreateSpace Independent Publishing Platform; Clr Csm edition (January 6, 2016)

Language: English

ISBN-10: 1522864741

ISBN-13: 978-1522864745

Product Dimensions: 8.5 x 0.1 x 11 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars See all reviews (791 customer reviews)

Best Sellers Rank: #161 in Books (See Top 100 in Books) #1 in Books > Humor & Entertainment > Pop Culture > Art #5 in Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups #6 in Books > Crafts, Hobbies & Home > Crafts & Hobbies

## Customer Reviews

This book will do exactly as it says. It will help you calm the f down. The book is awesome. It has one image per page, not front and back, so no worries about markers bleeding thru and ruining another image. I love that there are a couple of pages at the front to test your colors on. The book has awesome images and sayings. The images vary significantly so there really is something for everyone. I've included some sample images from the book to get an idea of what is inside.

Amazing book for anyone who loves to color at a super reasonable price. Great gift idea. I'm buying a couple more for friends now that I've seen the inside. Only thing that could make it better is if it were spiral bound, but that's just my preference.

Better than expected. Many of these will end up framed once colored (and maybe even given as gifts!).

Love this entire book. Pictures are a fun challenge to color & the quotes are very funny & true!!  
Hoping that there will be another book soon!!

This book summarizes my life. The day it arrived in the mail, my 12 year old daughter was having a hysterical fit over the screen of her iPhone not working correctly (which was solved by restarting her phone - but not until she sobbed hysterically about her life being over for 30 minutes). I looked at her face, I looked at the book, I looked at her face again, I looked at the book again. And all was right with the world. I don't have enough words in my vocabulary to describe how awesome the drawings are in this book. Sometimes I want something intricate to focus on while the world around me is being annoying. Sometimes I want something quick and easy. And some days I just want to color in pictures with silly words. This book allows me to do all of the above. I can't even begin to pick a favorite picture. There are so many incredible choices. They work well with pens and pencils. The pictures are cheeky and fun. There's something to suit every mood swing. Well almost every mood swing - I'm not sure about the full spectrum of tween girl mood swings yet. I seriously want to find the author and give her a hug. And maybe buy her a drink. Because she gets it. I already ordered the next book in the series - and I know I will love it too. I've attached a couple of my favorites. These gave me great joy to color. If this matches your sense of humor - then you need this book

Loved the title.

Received today and LOVE the originality of it. It feels more like an adult book instead of junior higher away from their parents and think the f bomb is the only word on the planet. LOL Just wish it were a few more pages. Nice work, Sasha.....Linda

I'm not allowed to use foul language in reviews, and the kids like to repeat everything I say, but I still want to win, so I got this thing. It has all the perfect and relaxing things that I think but can't say, and keeps me humble and easy to deal with. There are a few test pages in the front to test your colors on and there is only one image per page so no bleed through. It has all the excellent swear words and is great for coloring when I'm alone because obviously my 11 year old doesn't get to have it! Extra relaxation for me.

Length: 3:09 Mins

I guess I was expecting something a bit more different with this book by the title of it. I thought it would have more "bad" words in it that would really be a stress reliever when coloring. The book itself is nice as far as the page thickness and durability. I personally wasn't super thrilled with the pictures and the sayings with them. Like I said, I guess by the title I thought they'd be a bit more vulgar. If you watch my video, I go through all the pages and show you so you can see exactly what is in the whole book. Most all the pages are at least detailed so you have a lot to color on them. Everyone has their own likes and dislikes and taste in material, this one just isn't one of my favorites.

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Calm the F\*ck Down: An Irreverent Adult Coloring Book (Irreverent Book Series) (Volume 1)  
Balance and Calm: Adult Coloring Book Art Therapy for Grownups (Adult Coloring Books, Balance Coloring Book, Calm Coloring Book) (Volume 1) Chill the F\*ck Out: An Irreverent Adult Coloring Book (Irreverent Book Series) (Volume 2) #Me #Coloring Book: #ME is Coloring Book No.5 in the Adult Coloring Book Series Celebrating Ideas to Live By (Coloring Books, Coloring Pencils) ... Series of Adult Coloring Books) (Volume 5) #Love #Coloring Book: #Love is Coloring Book #1 in the Adult Coloring Book Series Celebrating Love and Friendship (Coloring Books, Coloring Pencils) ... Series of Adult Coloring Books) (Volume 1) Flowers, Floral Arrangements, Wreaths: Calm Coloring Books to Relieve Stress; Adult Coloring Books Floral in All D; Adult Coloring Books Flowers in ... Coloring Books for Teens Girls in all Dep #Mandalas Coloring Book: #Mandalas is Coloring Book No.6 in the Adult Coloring Book # Series Celebrating Mandalas (Coloring Books, Stress Relief, ... Series of Adult Coloring Books) (Volume 6) #Food #Coloring Book: #FOOD is Coloring Book No.7 in the Adult Coloring Book Series Celebrating Foods, Snacks & Treats (Coloring Books, Foods, ... Series of Adult Coloring Books) (Volume 7) #Chalkboard #Coloring Book: #Chalkboard is Coloring Book #4 in the Adult Coloring Book Series Celebrating #Love and #Friendship (Coloring Books, ... Series of Adult Coloring Books) (Volume 4) #Women #Coloring Book: #Women is Coloring Book No.8 in the Adult Coloring Book Series Celebrating Women (Coloring Books, Women, Shopping, Gifts for ... Series of Adult Coloring Books) (Volume 8) English Garden Adult Colouring Book One Year Day Planner Europe: Adult Colouring Books in al; Adult Colour in Boo; Adult Colouring in al; Adult ... Adult Coloring Books Flowers and Birds in al Creative Fancy Cats Coloring Book: Cats Adult Coloring Book for Mindfulness and Relaxation (Adult Coloring Book Animals, Creative Cats, Adult Coloring Book Cats) (Volume 1) Swear Word Coloring Book : Adults Coloring Book With

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